

Excel Sheet 1
Categories and Criteria

Age is calculated as of August 1st 2025.

Group	Category	Sign	Female	Signature	Male	Criteria
A: Kata Individual	7 and under	A1	○	A1	○	Dan / Kyu Degree Mix
	8-9	A2	○	A3	○	
	10-11	A4	○	A5	○	
	12-13	A6	○	A7	○	
	14-15	A8	○	A9	○	
	16-17	A10	○	A11	○	Dan Degree
	18-20	A12	○	A13	○	
	21-34	A14	○	A15	○	
	35-44	A16	○	A17	○	
	45-54	A18	○	A19	○	
	55 and over	A20	○	A21	○	Kyu Degree
18 and over	A22	○	A23	○		
C: Kumite Individual	7 and under	C1	○	C2	○	Dan / Kyu Degree Mix
	8-9	C3	○	C4	○	
	10-11	C5	○	C6	○	
	12-13	C7	○	C8	○	
	14-15	C9	○	C10	○	
	16-17	C11	○	C12	○	Dan Degree
	18-20	C13	○	C14	○	
	21-34	C15	○	C16	○	
	35-44	C17	○	C18	○	
	45-54	C19	○	C20	○	
	55 and over	C21	○	C22	○	Kyu Degree
18 and over	C23	○	C24	○		
B: Team Kata	17 and under	B1	○		○	Dan / Kyu / Male / Female Mix One team has 3 people No Bunkai. Each country can send a maximum of three teams per category.
	18 and over	B2	○		○	
D: Team Kumite	18 and over	D1	○	D2	○	Dan / Kyu Degree Mix A country has one team only The host Country has two teams A team contains three competitors with two substitutes

Excel Sheet 2

Details of Individual and Team Kata division

Note 1) Minimum 3 kata are required.

Note 2) Itosu-ryu Kata means kata contained in the DVD "Itosu-ryu Karatedo Kata Taikan"

	Age	First round - Top 8	Quarter Final - Semi Final	Final
A1	7 and under	Kata from Pinan Shodan up to Godan Kata can be repeated	All Itosu-ryu kata are allowed.	All Itosu-ryu kata are allowed. Finalists must use a kata they have not previously performed
A2/ A3	8-9			
A4/ A5	10-11			
A6 / A7	12-13			
A8 / A9	14-15			
A10 / A11	16-17			
A12 / A13	18-20			
A14 / A15	21-34			
A16 / A17	35-44			
A18 / A19	45-54			
A20 / A21	55 and over			
A22 / A23	18 and over			
			The kata used to get to the top 8 cannot be used	

Excel Sheet 3**14. Safety Measures**

Regarding international rules, a face mask is not mandatory in these Championships.
However, it is optional in the 15 years and under division..

Category	15 and Under		16 and Over		Notes
	Male	Female	Male	Female	
Protector	Optional	Optional	Optional	Optional	
Facial Guard	Optional	Optional	Optional	Optional	
Glove	Optional	Optional	Optional	Optional	
Body Protector	Optional	Optional	Optional	Optional	
Female Chest Protector	Optional	Optional	Optional	Optional	
Safety Cup	Optional	Optional	Optional	Optional	
Mouth Peice	Optional	Optional	Optional	Optional	
Shin Guard	Optional	Optional	Optional	Optional	White Guard is acceptable.
Instep Guard	Optional	Optional	Optional	Optional	White Guard is acceptable.